



CANCER PREVENTION STUDY-3

Research today for a cancer-free tomorrow.



Purpose of CPS-3

In 2007 alone, more than 1.4 million people in the US will be diagnosed with cancer and more than 559,000 people will die of the disease.

To better understand ways to prevent cancer, the American Cancer Society's Research Department is recruiting a diverse group of 500,000 adults across the US and Puerto Rico for a new research study, the Cancer Prevention Study-3 (CPS-3). Enrollment will take place at select Relay For Life events across the country.

CPS-3 will help us:

- Better understand the genetic, behavioral, environmental, and lifestyle factors that cause or prevent cancer
- Ultimately eliminate cancer as a major health concern for future generations

Who is eligible to participate?

Anyone who:

- is between 30 and 65 years old,
- has never been diagnosed with cancer (this does not include basal or squamous cell skin cancers), and
- is willing to make a long-term commitment to the study, which involves completing a follow-up survey every few years.

What does study participation involve?

The enrollment process is simple and involves two phases. At a local enrollment event, you will be asked to:

- read and sign an informed consent form
- complete a brief written survey
- provide a waist measurement
- give a small blood sample (similar to a doctor's visit). The blood sample will be drawn by a trained, certified phlebotomist.

At home, you will also be asked to complete a more-detailed survey. This survey will ask for detailed information on lifestyle, behavioral, and other factors related to your health.

We will continue to mail follow-up surveys periodically to update your information. CPS-3 is not a clinical study, thus participants will not receive individual blood test results. If you have specific concerns, you should consult your doctor. We will send annual newsletters to inform you of the ongoing research from Cancer Prevention Studies.



Impact of American Cancer Society follow-up studies:

American Cancer Society follow-up studies first started in the 1950's and have played a major role in cancer prevention in various national and international efforts.

Some key findings from previous studies include:

- The first to show the link between cigarette smoking and lung cancer, which prompted the U.S. Surgeon General's warning on tobacco
- The first to show the significant impact of being overweight or obese on risk of dying from cancer
- The first to show the link between aspirin use and lower risk of colon cancer
- The demonstrated impact of physical activity, diet, hormone use, other medications and vitamins, and various other factors in relation to cancer risk
- The substantial impact of air pollution on heart and lung conditions, which motivated the Environmental Protection Agency to propose more stringent limits on air pollution

Confidentiality

Confidentiality is of the utmost importance to us and we will make every effort to protect the privacy of study participants. We have multiple procedures in place to safeguard personal information that is collected.

For more information
 Visit us at www.cancer.org/cps3 or
 Email us at cps3@cancer.org or
 Call toll-free at 1-888-604-5888

Celebrate. Remember. Fight Back.

1.888.604.5888 · www.cancer.org/cps3

"My mom is a two-time cancer survivor, and I'm doing everything I can to make sure my children don't ever have to say that...I really, really believe this is part of the answer."

- study participant

"If participating in this study could mean that even just one person could be spared a cancer diagnosis, it would be the most important and meaningful action to fight cancer."

- study volunteer

Enroll at
[Northern Berkshire Relay For Life](#)
 May 30, 2008, Enrollment Hours 6-10:00pm
 Noel Field Athletic Complex
 Rt 8 State Rd
 North Adams, MA 01247