

# Lenox Memorial Middle and High School



Aug/Sept 2015

<b>Lunch Price-\$2.50 Milk/juice-\$.45 Adult lunch-\$3.50</b> <b>Snacks: \$.75-\$1.25</b> <b>Breakfast items: Bagels/muffins/assorted cereal \$1.00-\$1.50</b>	<b>Pizza Friday's!</b>
--	------------------------

**ADDITIONAL OPTIONS OFFERED DAILY:**  
 Pizza \* Hamburgers \* Assorted wraps  
 Deli option: Turkey or ham and cheese \***Salad bar included with all options**

Aug 31 <sup>st</sup> Chicken Patty Whole wheat roll corn, fruit, Juice, milk, Salad bar	1st Meatball Grinders carrots Juice, fruit, Milk, salad Bar	2nd Mozzarella Sticks Marinara sauce Oven fries Juice, fruit, Milk, Salad bar	3rd Chicken Fajitas Peppers & Onions Whole wheat tortilla Refried beans salsa, Juice, fruit, milk, salad bar	4th Stuffed crust Pizza broccoli Juice, fruit, milk, Salad Bar
7th  Labor Day No School	8th Chicken Nuggets Oven fries Whole wheat dinner roll Fruit, juice, Milk, salad bar	9th Pulled Pork Whole wheat roll Baked beans corn Fruit, juice, Milk, salad bar	10th Chicken Patty Whole wheat roll Carrots Fruit, juice, Milk, salad bar	11th French bread Pizza Spinach, Fruit, juice, milk, Salad bar
14th Meatball grinders On whole wheat roll Baked beans Juice, fruit, Milk, salad bar	15th French Toast Sticks Turkey Sausage carrots juice, fruit, milk, Salad bar	16th Chicken Nuggets Oven fries Whole wheat dinner roll Juice, fruit Milk, salad bar	17th Whole wheat Pasta w/meat or marinara sauce Green beans Juice, fruit, Milk, salad Bar	18th Stuffed crust Pizza broccoli Juice, fruit, milk, Salad bar
21st Chicken Patty on Whole wheat roll Spinach, fruit, Juice, milk, Salad bar	22nd Mozzarella Sticks Marinara sauce Oven fries, Fruit, juice, milk, Salad bar	23rd Sweet & Sour Chicken Brown Rice, broccoli Fruit, juice, Milk, salad bar	24 <sup>th</sup> Taco Salad Refried beans Salsa, fruit, Juice, milk Salad bar	25th French bread Pizza corn, juice, fruit, milk, Salad bar
28 <sup>th</sup> Chicken Fajitas Whole wheat tortilla Peppers & onions, salsa sour cream, juice, fruit, milk Salad bar	29th Grilled Cheese on whole wheat & Soup Carrots Juice, fruit Milk, salad bar	30 <sup>th</sup> Pasta w/meat or marinara sauce Green beans Juice, fruit, milk Salad Bar		

\*Each complete meal includes choices from the salad bar(providing variety of leafy greens, fresh vegetables and legumes daily)

\*Eight ounces of low fat, skim or fat free chocolate milk is also included as part of a complete meal.

\*For questions please contact Lorrie Goodfellow at (413)637-5560 or email: [lgoodfellow@lenoxps.org](mailto:lgoodfellow@lenoxps.org)